

IJF AKADEMİ

Ocak 2026



IJF
ACADEMY

JUDO – HAYATIN DEĞERLERİ

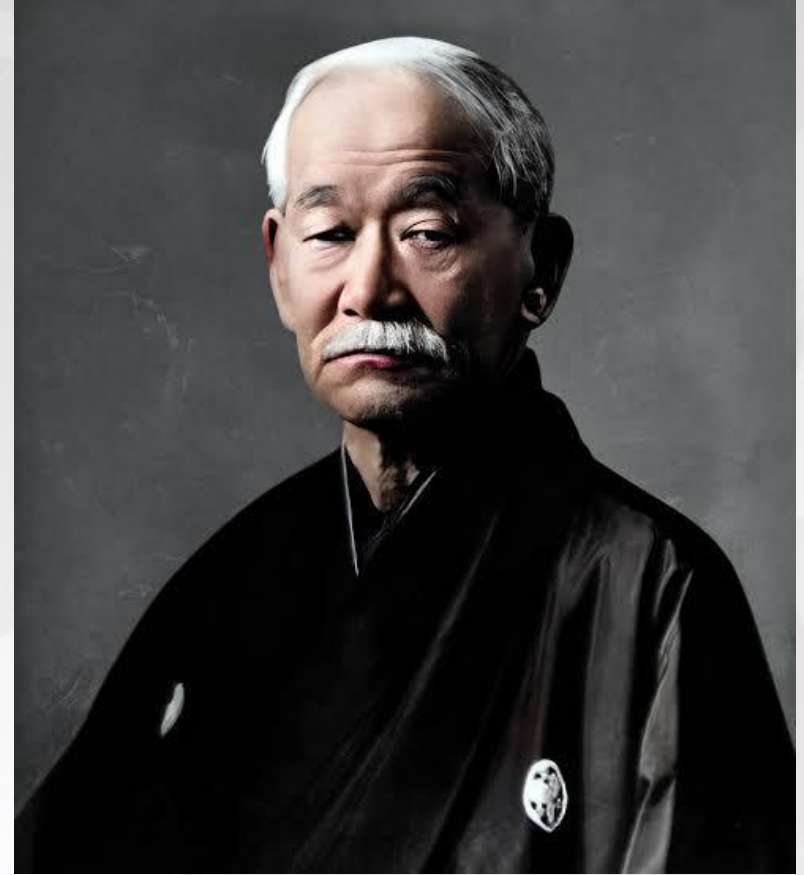


**Values
for
Life**



“Güneşin altında eğitimden daha değerli bir şey yoktur. Bir kişiyi eğitip onu kendi neslinin toplumuna kazandırarak, gelecek nesillere de katkıda bulunuruz.”

Jigoro Kano





IJF Akademi, Uluslararası Judo Federasyonu'nun en önemli projelerinden biridir.

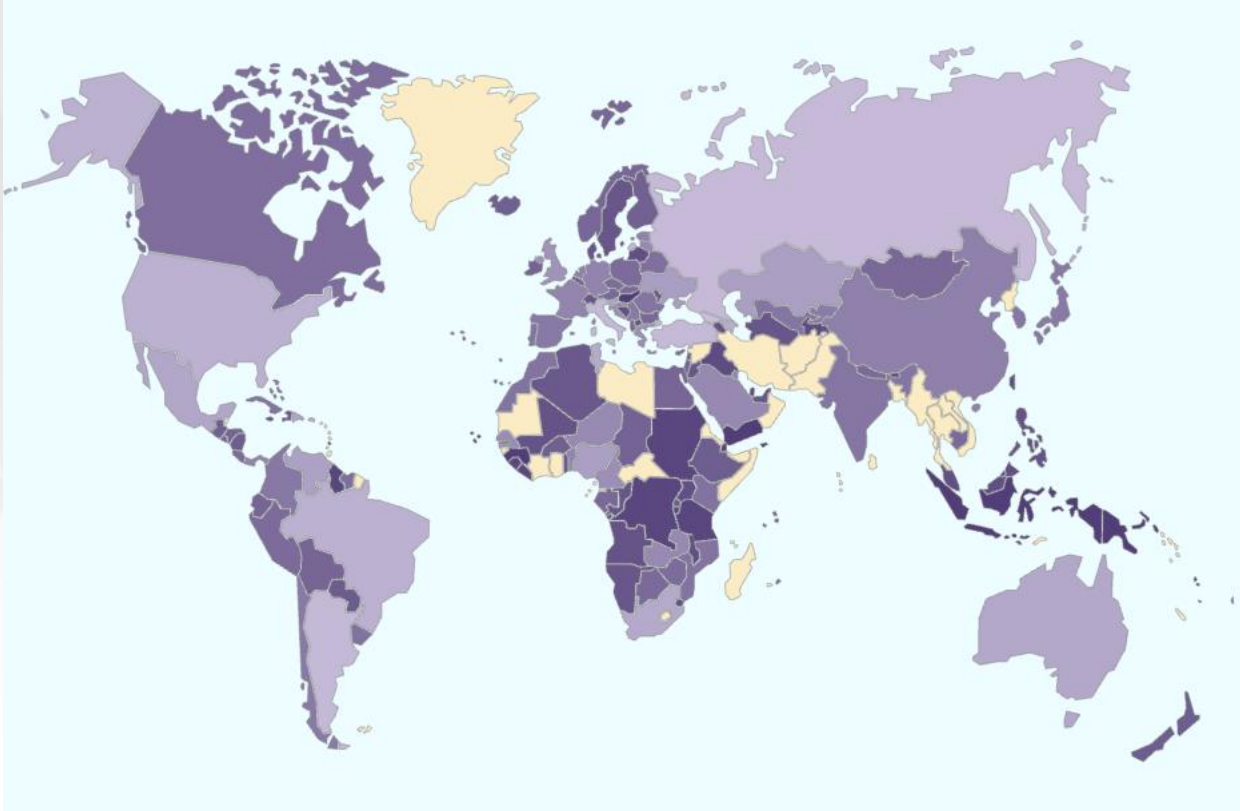
Marius VIZER

Ağustos 2013'te Rio'da düzenlenen IJF Olağan Kongresi'nde IJF Akademi duyurusu yapıldı.

İSTATİSTİK

13 YILLIK FAALİYET

5 KITA / 170+ ÜLKE / 8000+ KAYITLI / 3.000+ MEZUN ÖĞRENCİ



KRONOLOJİ

IJF Akademi, Ağustos ayında bir **Yüksek Öğretim Enstitüsü** olarak **akredite** edildi

IJF Akademi'nin **ilk** çevrimiçi ve uygulamalı **kursu**

IJF Akademi **Antrenör Lisansı**, antrenörlerin uluslararası yarışmalara katılması için **zorunlu** hale geldi

Mayıs 1882'de Jigoro Kano, geleneksel dövüş biçimlerinden ilham alarak fiziksel, zihinsel ve ahlaki eğitimin bir yöntemi olan **JUDO**'yu oluşturdu ve **Kodokan**'ı kurdu.

1882

1964

Judo, resmen **Olimpiyat Oyunları** programına girdi.

2013

2018

2025



IJF, IJF AKADEMİ VAKFI'NI MALTA'DA KURDU

2017

Il-Kodiċi Ċivili, it-Tieni Skeda
The Civil Code, Second Schedule

Kapitlu 16 tal-Liġijiet ta' Malta
Chapter 16 of the Laws of Malta

ĊERTIFIKAT TA' REĠISTRAZZJONI TA' PERSUNA ĠURIDIKA **CERTIFICATE of REGISTRATION of a LEGAL PERSON**

Isem tal-Organizzazzjoni u Indirizz Registrat f'Malta:
Name of Organisation and Registered Address in Malta:

IJF ACADEMY FOUNDATION
Number thirty seven (37), Marina Court, Ta' Xbiex, Malta

Numru taċ-Certifikat ta' Reġistrazzjoni:
Certificate of Registration Number: **LPF-260**

Niċċertifika illi l-Organizzazzjoni hawn fuq imsemmija
This is to certify that the aforementioned Organisation

stabbilita fir-raba' jum ta' Settembru tas-sena elfejn u sbatax
established on the fourth day of September of the year two thousand and seventeen

tissodisfa l-provvedimenti tat-Tieni Skeda tal-Kodiċi Ċivili u
satisfies the provisions of the Second Schedule, Civil Code and

giet registrata bħala Persuna Ġuridika mir-Reġistratur għal Persuni Ġuridiċi.
has been registered as a Legal Person by the Registrar for Legal Persons.

Data ta' Reġistrazzjoni: Illum il-wiehed u tletin jum ta' Ottubru tas-sena korrenti
elfejn u sbatax.

Date of Registration: Today the thirty first day of October of the current year two thousand and seventeen.



Dr. Hilary Grech LL.D.
Reġistratur għal Persuni Ġuridiċi
Registrar for Legal Persons

IJF AKADEMİ VAKFI GÖNÜLLÜ BİR KURULUŞ OLARAK MALTA'DA TESCİL EDİLDİ 2018



**Office of the Commissioner
for Voluntary Organisations**

Certificate of Enrolment

IJF Academy Foundation

**37, Marina Court, G. Cali Street,
Ta' Xbiex XBX 1421 - Malta**

Foundation
(classification)

having satisfied the Commissioner for Voluntary Organisations that it qualifies in terms of Article 3¹ of the Voluntary Organisations Act, 2007 (Act No. XXII of 2007), has been enrolled as a Voluntary Organisation and its name been entered in the Register of the Voluntary Organisations as follows:

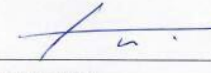
Identification Number: **VO/1510²**

Principal Purpose: **Education and Research**

Date of Enrolment: **30th March 2018³**

Enrolment Classification: **Other Education**

The Organisation is henceforth eligible for the privileges granted to voluntary organisations in terms of Article 4 of the said Act⁴. In terms of Article 4 (7) of the Act⁴, all persons to whom this certificate is provided are requested to provide the Organisation with full recognition of its status as a voluntary organisation compliant with all provisions of the applicable law⁴.


Professor Kenneth Wain
Commissioner for Voluntary Organisations

Dated: **30th March 2018⁷**



KURULUŞ

IJF AKADEMİ - YÜKSEK ÖĞRETİM KURUMU OLARAK TANINDI 2018



National Commission for
**Further and
Higher Education**
Malta

The National Commission for Further and Higher Education is licensing **IJF Academy Foundation (Licence Number: 2018-015)** as a **Higher Education Institution**. **IJF Academy Foundation** is licensed to provide Higher Education programmes through digital channels with addition of work placements carried out in National Judo Federations affiliated to the International Judo Federation.

Tibor Kozsla is the Head of Institution of **IJF Academy Foundation**. **Envic Galea** has been vested with the legal representation for **IJF Academy Foundation**.

This licence is being issued with a document detailing the licensing conditions for **IJF Academy Foundation**. The National Commission for Further and Higher Education must be informed immediately of any changes which occur during the period covering this licence.

This licence is valid until **26th August 2023**.


Mr. Godfrey Vella,
Chairman,
The National Commission for
Further and Higher Education


National Commission for
**Further and
Higher Education**
Malta

Malta Life Sciences Park
San Gwann, SGN 3000, Malta
Tel: +356 2381 0000

EĞİTİM YAPISI

EDUCATION STRUCTURE OF IJF ACADEMY

UNDERGRADUATE CERTIFICATE AS JUDO INSTRUCTOR EQF Level 5

ACCREDITED BY



Semester 1 - 30 Credits

- 1 History of Judo
- 2 Classification of Judo - Part 1
- 3 Culture of Judo
- 4 About IJF
- 5 Classification of Judo - Part 2
- 6 Role of Instructor
- 7 Exercise Physiology I
- 8 Classification of Judo - Part 3
- 9 First Aid and Safety
- 10 Classification of Judo - Part 4
- 11 LTAD Stages
- 12 Nage no Kata
- 13 SOR I - Refereeing Rules

Practical Session

Available in
ARA, AZE, CHN, ENG, ESP, FRA, GEO, HUN
JPN, POL, POR, RUS, SRB, SVK, TUR

IJF COACH LICENCE

UNDERGRADUATE DIPLOMA AS JUDO COACH EQF Level 5

ACCREDITED BY



Semester 1 - 30 Credits

- 1 Role of the Coach
- 2 Coaching Principles - Values and Development
- 3 Exercise Physiology II
- 4 Nutrition and Hydration I
- 5 Biomechanics I
- 6 Training Methodology I
- 7 Kateme no Kata
- 8 SOR II - Competition Rules
- 9 Human Body Structure
- 10 Warming Up and Stretching

Semester 2 - 30 Credits

- 1 Psychology of Sport
- 2 SOR III - IJF Regulations
- 3 Coaching Principles - Coaching for Learning
- 4 Training Methodology II
- 5 Tachi-waza Teaching Progression
- 6 Nutrition and Hydration II
- 7 Ne-waza Teaching Progression
- 8 Injury Prevention

Practical Session

To be available in ENG, ESP, FRA, RUS

TOP-UP BACHELOR'S DEGREE IN JUDO COACH EQF Level 6

Accreditation in
progress

Semester 1 - 29 Credits

- 1 Performance and Match Analysis
- 2 Training Methodology III
- 3 Talent Development, Dual Career and Social Inclusion
- 4 Biomechanics II
- 5 Nutrition and Hydration III
- 6 Thesis Development I - Research Topic Selection

Semester 2 - 29 Credits

- 1 Leadership Management and Logistics
- 2 Single, Double and Multiple Periodisation
- 3 Periodisation of Ancillary Capacities
- 4 Periodisation in Judo
- 5 Thesis Development II - Literature Research
- 6 Thesis Development III - Research Methodology

Semester 3 - 32 Credits

- 1 Annual Plan (one year periodisation plan in judo)
- 2 Thesis Development

Available in ENGLISH only

PH.D. TROUGH RESEARCH

University of
Hertfordshire **UH**

EQF Level 8

MASTERS TROUGH RESEARCH

University of
Hertfordshire **UH**

EQF Level 7

IJF ANTRENÖR LİSANSI

18 Haftalık
Çevrimiçi Eğitim

Accredited by



UNDERGRADUATE CERTIFICATE AS JUDO INSTRUCTOR				
ACCREDITED COURSE				
LEVEL 5 - 1 SEMESTER - 30 CREDITS				
MODULES				30
S E M E S T E R 1	UCJI	1	History of Judo	1
	UCJI	2	Classification of Judo – Part 1	2
	UCJI	3	Culture of Judo	1
	UCJI	4	About IJF	1
	UCJI	5	Classification of Judo – Part 2	2
	UCJI	6	Role of Instructor	1
	UCJI	7	Exercise Physiology I.	2
	UCJI	8	Classification of Judo – Part 3	2
	UCJI	9	First Aid and Safety	1
	UCJI	10	Classification of Judo – Part 4	2
	UCJI	11	LTAD Stages	1
	UCJI	12	Nage no Kata	2
	UCJI	13	Refereeing Rules I	2
	UCJI		Practical Session	10

IJF AKADEMİ KURSLARI

Lisans Düzeyi Judo
Eğitmenliği Sertifikası
(UCJI)

Lisans Düzeyi Judo
Antrenörlüğü
Diploması (UDJC)

Lisans Düzeyi Judo
Yönetimi Diploması
(UDJM)

Herkes İçin
Kata

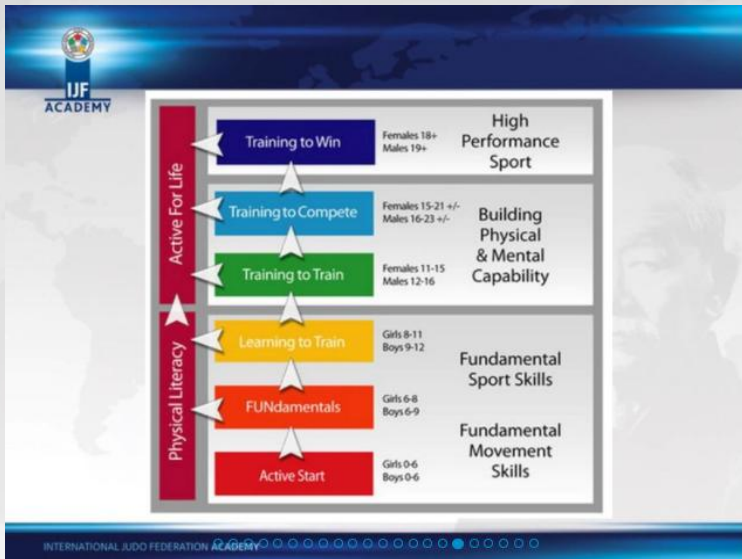
Okullar İçin
Judo

Polis İçin
Judo

Güvenlik
İçin Judo

Güvenli
Düşme

Kadınlar İçin
Yakın
Savunma



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Telephone: +35621319944
E-mail: info@ijf.edu.mt
Website: academy.ijf.org

Long-Term Athlete Development model (LTAD)

LTAD framework is a sport development framework

1. It is a framework for an optimal training, competition and recovery schedule for each stage of athletic development.
2. Coaches who engage in the model and its practices are more likely to produce athletes who reach their full athletic potential.
3. At the early stages of development, it is imperative that sport development programs are designed around critical periods of accelerated adaptation to training.
4. Children who do not develop their fundamental motor skills by age 12 are unlikely to reach their genetic athletic potential.
5. Establishing a core set of motor skills early in life enables children to gain a sense of achievement and establish a positive relationship with sport and physical activity.
6. Successful and positive experiences with sport at a young age, coupled with the acquisition of transferable sports skills, will enable children to become proficient in a number of different sports.
7. The LTAD framework ultimately strives to produce elite and consistent performers; however, it also seeks to provide opportunities for all children to grow into confident, healthy and active adults.

There are 10 key factors influencing LTAD

Factor 1: FUNDamentals

FUNDamental movement skills should be introduced through fun and games.

In order for children to become physically literate, they need to acquire fundamental movement skills, including running, throwing, catching, hopping, bounding, etc., along with fundamental sport skills.



ANTRENÖR AKREDİTASYONU

- IJF Akademi ve IJF Judobase arasında Veri Tabanı Senkronizasyonu gerçekleşti
- Sadece uygun antrenörler akredite edilebilir. (Seviye 1–Eğitmen, UCJI ve Master Antrenör Ödülü)
- Antrenörlerin uyruğu, istihdam edildiği ve aday gösterildiği ülkeye bağlıdır.



Logo

CITY - EVENT - YEAR
COUNTRY - DATE

#JudoCity

IJF
ACADEMY

WATCH ALL ON JUDO TV

Logos: JudoTV, travel.ijf.org, TaiShan, ULTIMA, MET, eptbank, SOCAR, HARYEST, impulse, IJF.ORG

- ❖ Olimpiyat Oyunları
- ❖ Dünya Judo Şampiyonaları (**Bireysel ve Karma Takımlar**)
 - Ümitler
 - Gençler
 - Büyükler
- ❖ IJF World Judo Tour (**Grand Prix, Grand Slam, Master**) da antrenörlük yapmak için,

Antrenörün; **Seviye 1 Eğitmen, Lisans Öncesi Judo Eğitmeni Sertifikası (UCJI)** veya **Master Antrenör sertifikasına** sahip olması gerekmektedir.

Judo Eğitmeni Olarak Lisans Sertifikası **"IJF Antrenör Lisansı"**

- En az 18 yaş ve en az 1. Dan
- Bilgi - Kodokan sınıflandırılmış teknikler
- Nage-no-Kata Bilgisi
- İlk yardım sertifikası,
- Gmail adresi
- Bir Dönem – 13 Teorik Modül

Judo Eğitmeni Lisans Düzeyi Sertifikası

"IJF Antrenör Lisansı"

- Nage-no-Kata gösterimi
- Nage-waza ve Katame-waza sınavları
- Yeni Kayıt: 900 Euro
- LVL-1/LVL-2 Güncelleme: 550 Euro

KURS ZAMAN ÇİZELGESİ

İlk gün : 02 Mart 2026 Pazartesi
Son gün : 05 Temmuz 2026 Pazar gece yarısı

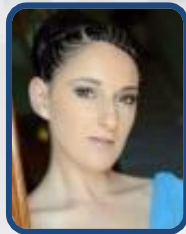
IJF Akademi, **01 Mart 2026 Pazar** gününe kadar Judo Eğitimci Lisans Düzeyi Sertifikası (UCJI) için başvuruları kabul etmektedir.

Bu kapsamda müracaat edeceklerin **23 Ocak 2026 Cuma günü saat 16:00'** ya kadar [Türkiye Judo Federasyonu](#)'na dilekçe ile başvurmaları gerekmektedir.



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IJF AKADEMI EKİBİ





IJF AKADEMİ TÜRKİYE

